

Application for the Representative Sweetheart

PURPOSE

The Representative Sweetheart award encourages and rewards young women for growth and development in various areas of life. The holder of the award is truly representative of the ideals and purposes of DeMolay — a spokeswoman and ambassador for the Order. This is a self-evaluation covering six areas: Mental, Physical, Social, Emotional, Spiritual, and DeMolay Activity.

1. PERSONAL INFORMATION

Full Name

Address

City

State / ZIP

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Phone

E-mail

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Chapter Name

Chapter Location

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I hereby certify on my honor, as a DeMolay Sweetheart, that the facts given in this form and accompanying documents presented by me are true and accurate, and that all statements given by others attached to this record are, to the best of my knowledge, true and accurate. If granted this distinction, I furthermore pledge on my honor as a DeMolay Sweetheart that: (1) I will, to the best of my ability, continue to put the ideals of DeMolay into practice in my daily life; (2) each year hereafter I will endeavor to help at least one DeMolay Sweetheart to qualify as a Representative Sweetheart; and (3) should I feel that I have proven myself unworthy of this honor, I will, on my own initiative, voluntarily return the insignia of this distinction to the Executive Officer.

Signature of Applicant

Date

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The Advisory Council hereby approves and submits this record on behalf of this Chapter and recommends the above-named DeMolay Sweetheart as one who would, in all respects, reflect credit upon the Order as a Representative Sweetheart if her qualifications should be deemed sufficient to merit that distinction.

Chapter Advisor / RD Advisor Signature

Parent / Guardian Signature

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Advisor Phone / Email

Parent Phone / Email

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If granted, send regalia to (Advisor name and address)

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INSTRUCTIONS

You are required to give a Personal Rating in each area (Excellent, Above Average, Average, Fair, or Needs Improvement). Your application will be judged not solely on current accomplishment, but also on the thoroughness and honesty of your self-evaluation.

1. *Typewritten or computer-printed forms are preferred. If handwritten, PRINT NEATLY in INK.*
2. *Neatness, spelling, and grammar are important. Responses should generally be in complete sentences.*
3. *You may attach additional pages for extended responses. Label all materials with your name.*
4. *Submit copies of supplementary materials (no originals will be returned).*
5. *Do not leave blanks. If a question does not apply, mark N/A. Incomplete forms will not be evaluated.*
6. *Attach a copy of your most recent report card and obtain all required signatures.*

I. MENTAL DEVELOPMENT

A DeMolay Sweetheart should embrace education, cultivate educational interests, develop employable skills, and prepare for the future.

1. Education

School currently attending

Year of Graduation

Are you taking college prep courses or a vocational/technical career pathway?

If attending a career/vocational school, what trade or skill are you learning?

Are you taking Advanced Placement or college-level courses?

Favorite school subject and why?

Favorite teacher and why?

How do you best learn new information?

2. Grades

Hardest subject

Easiest subject

Have you asked your teacher for help?

Do you help or tutor other students?

3. School Participation

List school sports and clubs. Note any leadership roles.

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4. Non-School Courses

Have you been engaged in the past twelve months in organized activity outside school (music, art, dramatics, public speaking, Scouting, etc.)?

☐ Yes ☐ No

Courses taken and any diplomas, certificates, or honors received:

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5. Knowledge from Media

How do you learn about your community, state, nation, and world?

Something you have learned recently in the news about:

Government / Politics	History / Social Studies	Math / Science
Religion / Philosophy	Business / Economics	Music / Arts

What do you learn about for personal enjoyment?

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Two books you have read or projects completed, and what you learned:

6. Current Events

What is the biggest challenge facing the world, nation, state, or community today? How would you solve it?

7. Environment

What do you do to protect the environment? Who is responsible to protect it?

8. Career

Have you met with your guidance counselor? Visited/applied to college or trade school? Researched careers? Talked with parents/advisors about careers?

Do you know the skills and training required for your career interests? Can you earn a fair wage with them?

9. Technical Knowledge & Skills

Describe your mechanical, electrical, and/or computer skills. Do you use them to help at home or others?

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Personal Rating for Mental Development

☐ Excellent ☐ Above Average ☐ Average ☐ Fair ☐ Needs Improvement

Greatest strength in this area**One thing to improve**

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II. PHYSICAL DEVELOPMENT

A DeMolay Sweetheart should be interested in physical activities for healthy living.

1. Work Providing Physical Activity

Describe physical activities associated with a job or chores (e.g., mowing, painting, sports practice):

2. Outdoor Life and Recreation

Do you participate regularly in outdoor activities? ☐ Yes ☐ No

Check any activities you have participated in:

- | | | |
|---|---|--|
| ☐ Archery | ☐ Horseback riding | ☐ Trap Shooting |
| ☐ Camping | ☐ Hunting | ☐ Sailing |
| ☐ Canoeing | ☐ Mountain biking | ☐ Skateboarding |
| ☐ Cycling | ☐ Rock climbing | ☐ Skating / Rollerblading |
| ☐ Dirt bike / Off-road | ☐ Rowing | ☐ Skiing |
| ☐ Fishing | ☐ Running | ☐ Surfing / Bodyboarding |
| ☐ Golf | ☐ Target Shooting | ☐ Other: _____ |
| ☐ Hiking | ☐ Tennis | |

Remarks (regular involvement, special training, or achievement):

3. Swimming

Can you swim? ☐ Yes ☐ No How often? _____

Ability: ☐ Not very strong ☐ Average ☐ Exceptionally strong

Swimming instruction, water safety, lifeguarding, or similar training:

4. Organized Sports

Have you actively participated in at least one organized sport? ☐ Yes ☐ No

Teams (Sport / Team Name / Year(s)):

Letters, honors, awards, leadership positions:

5. Personal Fitness Program

Regular exercise (running, walking, weight lifting, etc.):

General condition: ☐ Excellent ☐ Good ☐ Fair ☐ Poor

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6. Health and Wellness

Rate your knowledge (1 = least, 5 = most):

Personal Hygiene ____ Nutrition ____ Fitness/Exercise ____ Drugs & Alcohol ____
 Adolescence/Development ____ Sexuality ____ Transmitted infections ____ Mental Health ____

Beneficial habits:

Harmful habits:

If a friend's family needed food, what would you do?

If a friend offered you drugs, what would you do?

Personal Rating for Physical Development

☐ Excellent ☐ Above Average ☐ Average ☐ Fair ☐ Needs Improvement

Greatest strength in this area

One thing to improve

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III. SOCIAL DEVELOPMENT

A DeMolay Sweetheart should have an attitude of thoughtfulness and cooperation in the home and display it in her relationships.

1. Home Relationships

Duties and responsibilities you regularly perform for parents, grandparents, and neighbors:

Parental Evaluation (completed and signed by a parent/guardian)

Parents: The quality of home relationships is very important. Answer with concrete examples. Evaluation is based more on progress than perfection.

A. Responsibilities and duties your daughter has in the home. How reliable, thorough, and motivated is she?

B. Her courtesy, respect, and obedience to you as a parent/guardian:

C. Relationship with siblings or other children in the home:

D. Since involvement in DeMolay/Sweethearts, have you seen change or improvement? Explain.

Parent/Guardian Signature

Date

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2. Interpersonal Relationships

How would your friends describe you?

How would your school teachers and neighbors describe you?

3. Self-Expression

What have you done to develop speaking and writing abilities? Competitions, published writing, instructional videos, etc.?

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4. Citizenship

Describe how you have helped with community and/or charitable projects:

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5. Financial Responsibility

☐ Job ☐ Allowance ☐ Other income sources

How do you decide how much to save vs. spend? What do you buy? Are you saving for a car or college?

What have you learned about how hard your parent/guardian works to provide for the family?

Personal Rating for Social Development

☐ Excellent ☐ Above Average ☐ Average ☐ Fair ☐ Needs Improvement

Greatest strength in this area

One thing to improve

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IV. EMOTIONAL DEVELOPMENT

A DeMolay Sweetheart should demonstrate habits of self-control and understand herself.

1. Self-Mastery

You and one Advisor should each rate progress, discuss, and agree on a final rating. Mark S (Self), A (Advisor), F (Final).

Areas to rate (honesty, reliability, punctuality, self-control, etc.) — note ratings here:

Applicant Signature

Advisor Signature

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2. Self-Concept

How would you define a good person?

Good traits learned from teachers, DeMolay Advisors, and other youth leaders:

Do you seek first to understand and then to be understood? How do you help others?

3. Coping Skills

Activities or strategies to deal with stress:

Ways you deal with anger or frustration:

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What makes you most happy in life?

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If you or a friend were bullied, what would you do?

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Who do you feel comfortable talking to about concerns and challenges?

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4. Mental Health Awareness

Example of what you have learned about depression, anxiety, suicide, addiction, eating disorders, body image, ADHD, or other mental health issues:

Resources available in your school or community? Emergency mental health systems?

Examples of someone a person might talk to for help with mental health concerns:

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5. Recreational Habits

Individual or social activities for recreation (and hours per week):

Involvement in music, art, or other creative activities:

Hobbies you participate in by yourself or with family/friends:

Personal Rating for Emotional Development

☐ Excellent ☐ Above Average ☐ Average ☐ Fair ☐ Needs Improvement

Greatest strength in this area

One thing to improve

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V. SPIRITUAL DEVELOPMENT

A DeMolay Sweetheart should appreciate the importance of religious ideals and the value of places of worship.

Religious Faith / Tradition

How important are your beliefs to you?

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What are your beliefs or understandings?

How do you try to put these beliefs into practice in daily life?

Local church, synagogue, temple, mosque, or faith community:

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During the past year, how often have you:

Attended regular worship services: _____ Spent time reflecting on spiritual needs: _____

Attended religious education classes: _____ Faith-based Youth Group: _____

Other religious services: _____ Televised/radio/taped services: _____

Participation in faith community activities (conferences, retreats, food drives, etc.):

Have you discussed your beliefs with someone else?

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Personal Rating for Spiritual Development

☐ Excellent ☐ Above Average ☐ Average ☐ Fair ☐ Needs Improvement

Greatest strength in this area

One thing to improve

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VI. DEMOLAY / SWEETHEART ACTIVITY

A DeMolay Sweetheart should be reasonably active in her local Chapter. It is not necessary to have held an office.

1. Chapter Activity

How long have you been a Sweetheart? (Years)

Home Chapter events attended this year

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What would you change about DeMolay or Sweethearts to make it better?

Visitations to other Chapters (past 12 months)

Current Office (if any)

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Merit Bars — indicate color level received:

Category	White	Red	Blue	Purple	Gold
Athletics					
Attendance					
Civic Service					
Conclave					
Correspondence Course					
Fine Arts					
Fund Raising					
Installing					
Journalism					
Masonic Attendance					
Masonic Service					
Merit					
Petitions					
Religion					
Scholastics					
Visitation					

Friends asked about DeMolay or Sweethearts

Petitions recommended

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☐ Pink Honor Key ☐ Founder's Membership Award

Other awards or Chapter recognitions:

2. NY DeMolay Activity

DeMolay activities attended with NY DeMolay:

NY DeMolay Conventions attended (years and locations):

3. What Has DeMolay Done For You?

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Why did you join Sweetheart?

How has DeMolay helped you?

Would DeMolay or Sweetheart help your friends?

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In what way has DeMolay helped improve your home life?

Personal Rating for DeMolay Activity

☐ Excellent ☐ Above Average ☐ Average ☐ Fair ☐ Needs Improvement

Greatest strength in this area

One thing to improve

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GOAL SETTING

What is your goal in life?

What do you want to be when you get older? How do you plan to get there? Who will you ask for help?

ADVISOR'S COMMENTS

Advisor approving this application: Note any information that would aid in evaluation of this form.

Comments

Advisor's Printed Name & Title

Advisor's Signature / Date

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PRE-SUBMISSION CHECKLIST

- ☐ Completed all questions and sections accurately and honestly
- ☐ Typed the form or printed neatly in ink; checked spelling and grammar
- ☐ Obtained Advisory Council approval and all required signatures
- ☐ Attached a copy of most recent report card
- ☐ Parent completed the evaluation section
- ☐ Attached copies of any additional supporting materials or letters
- ☐ Made a copy of the completed form for your records

Return completed form to your Chapter Advisor or as directed by New York DeMolay.